

Support to Recovery (S2R) Volunteering With Us

Are you interested in volunteering with S2R?

We run a wide range of different projects, from outdoors and nature-based sessions to art and crafting workshops, and there are many different ways that volunteers can help us deliver these services. This could be by sharing our information on social media, raising funds for us, helping out at a one-off event or by joining S2R in one of our regular voluntary helping roles.



Our volunteer roles

If you are aged 18 or over and would like to get involved, there are a number of different volunteering roles we could offer you, depending on your training, experience and the time you have to offer:

Micro-volunteer: Someone who comes along to do a specific task without making a longer-term commitment. This could include painting and decorating one of our rooms for a couple of days, or offering to collect and transport some items for us. All that is needed for this role is for you to acknowledge and agree to our policies and procedures.

Champion: Someone who actively promotes S2R and our work. This might include sharing our social media posts, giving talks about our work, fundraising or being a contact for us within a voluntary group, depending on your existing skillset.

Peer Supporter: Someone who can welcome and support the wide range of people who attend S2R. This might include being a travel buddy accompanying people to outdoor sessions, welcoming new people to a group or generally helping our sessions to run smoothly. This role does not require any formal qualifications but you must have some experience around mental health.

Student Placement: We offer a number of student placement opportunities every year. The requirements for these places will be discussed on an individual basis.

Volunteer: Someone who can make a regular commitment to S2R. This might include volunteering for S2R for an agreed number of days each week and carrying out a range of tasks like setting and clearing away activity sessions, making refreshments, supporting participants or facilitating workshops. For this role, you need some experience of working in a mental health setting, we will ask you to provide two references and we may also need to carry out a DBS check.

How to volunteer with us

If you are interested in volunteering for S2R, please fill in the application form overleaf or email us at: contact@s2r.org.uk for more information. We look forward to hearing from you!