Support to Recovery

PROMOTING POSITIVE MENTAL HEALTH

S2R CREATE SPACE
Promoting Positive Mental Health

NOVEMBER 2026 SCHEDULE

Here's what's coming up in our face-to-face workshops, Zoom sessions and Facebook releases this November

Kirklees COUNCIL

YOU MUST BOOK BEFORE ATTENDING ANY OF OUR SESSIONS

To book your place on any of our sessions, please call 07933 358800, email: contact@s2r.org.uk or scan the QR code to book via our website

FACE-TO-FACE SESSIONS

Please do not attend any sessions if you feel unwell or have any symptoms of flu or Covid. Age restrictions apply: some of our sessions are family-friendly, but most are for 18+ years only so please check when you book to make sure it's suitable.

NAME	DATE AND TIME	DETAILS
REGULAR SESSIONS		
Peace Pit Growing Group Old Fieldhouse Lane, Deighton, Huddersfield HD1 1AG	Monday 2nd November 10:00 - 14:30 Facilitated by: Cherry	Help us to grow plants and flowers for local parks, volunteer groups and green spaces at the Kirklees Council polytunnels. No previous gardening experience needed and you can stay for the whole session or join us for an hour or two, it's up to you. Please wear clothing and footwear suitable for gardening. **Tools and refreshments will be provided.**
Outdoor Volunteers Various locations each week	Every Tuesday 10:00 - 13:00 Facilitated by: Jason	Meet us in Huddersfield and travel to various community green spaces around Kirklees, helping to maintain and improve them through practical conservation tasks such as gardening and litter-picking. Please wear clothing and footwear suitable for gardening. **All tools will be provided. If you have any support, access or mobility needs, please contact us before booking as unfortunately not all outdoor sites are fully accessible.**
Move More Mirfield Community Church Hall, 14 Water Royd Lane, Mirfield WF14 9SB	Every Tuesday 14:00 - 15:00 Facilitated by: Rowena **£3 per person**	Join these friendly Move More sessions led by Julie from Active Bodies and have a go at some gentle exercises designed to keep you moving, increase your flexibility, maintain your strength and help you feel more positive. These sessions are suitable for all abilities. Please wear loose, comfortable clothing and bring along a bottle of water to keep hydrated. Everyone is welcome and there's no need to book, just turn up on the day. **The first week is free, then sessions are £3 per person to attend.**
S2R Welcome Morning S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Every Wednesday 10:00 - 12:00 Facilitated by: Dawn & Jason	Welcome Mornings are your chance to visit S2R and find out if our service is for you. Whether you are a member of the public or a professional, our friendly facilitators will guide you through what S2R has to offer over a cuppa and tour of the building that typically takes 15 to 30 minutes. You can drop in but we recommend booking to ensure someone will be ready to see you. Online appointments are also available. **Just call in, or email: contact@s2r.org.uk to book a slot.**

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Cemetery Road Community Allotment Cemetery Road Allotments, Osborne Road, Birkby Birkby HD1 5HB	Every Wednesday 11:00 - 14:00 Facilitated by: Mary	Join us on the allotment to help grow a variety of soft and hard fruit, salads, herbs and lots of vegetables which you can harvest and take home with you. No previous experience needed. Please wear clothing and footwear suitable for gardening. **Please note, toilet facilities are a 5-minute walk from the allotment site. Tools and refreshments will be provided.**
Greenhead Park Wellbeing Walk Huddersfield Leisure Centre, Merton Street, Huddersfield HD1 4BP	Every Wednesday 13:00 - 14:00 Facilitated by: Dawn	Meet us at the entrance of Huddersfield Leisure Centre for a gentle walk to and around Greenhead Park, and then back to the Leisure Centre. Please wear clothing and footwear suitable for walking. **Please book in advance of your first session by emailing us at: contact@s2r.org.uk.**
The Crafty Coffee Club S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Every Thursday 10:00 - 12:00 **£2 per person**	A regular, social, creative group. Come along and work on your own creative project which can be anything from knitting to mindful colouring or even painting. This is a group intended for those who enjoy being creative with company and who are happy to self-teach. **Booking is essential as places are limited. Please be aware this is not a taught group and costs £2 per person, per session to attend. Please bring your own equipment and materials with you.** *Made possible with funding from One Community Foundation.
Active Birkby Club Evening Walk Norman Park, Birkby, Huddersfield HD2 2UE	Every Thursday 19:00 - 20:30	Join the Active Birkby Club for a gentle evening stroll exploring the green spaces of Birkby. Stretch your legs after tea and set yourself up for a good night's sleep. These walks are organised by participants and booking is essential. Please wear clothing and footwear suitable for walking and bring a torch with you too. Everyone is welcome!
Friday Wanderers Dewsbury Country Park, Heckmondwike Road, Dewsbury WF13 3SR	Every Friday 09:30 - 10:30 Facilitated by: Waheeda	Join this friendly, ladies-only group for a lovely walk through Dewsbury Country Park surrounded by trees and fresh air. We can chat, connect and explore nature together. Please wear clothing and footwear suitable for walking.
Dewsbury Wellness Walking Group Dewsbury Library, Town Hall Way, Dewsbury WF12 8EE	Every Friday 11:00 - 12:45	Join this self-led group for gentle walks along the river, canal and Greenway in Dewsbury. You'll get the chance to take in nature, enjoy panoramic views and historic architecture. Please wear clothing and footwear suitable for walking.
Mirfield Friday Friendship Group Mirfield Community Church Hall, 14 Water Royd Lane, Mirfield WF14 9SB	Every Friday 14:00 - 15:30 Facilitated by: Rowena **£3 per person**	A weekly social group for people over a certain age (50+) to get together. Regular in-house entertainment plus guest speakers and artistes. Everyone is welcome. No booking required, just come along. Refreshments will be provided. **The first week is free, then sessions are £3 per person to attend.**

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2ND - 8TH NOVEMBER		
Norman Park Outdoor Volunteers Green Container, Norman Park, Birkby Huddersfield HD2 2UD	Tuesday 3rd November 11:00 - 13:00 Facilitated by: Byron	Help us look after Norman Park for nature and the whole community to enjoy! We will be doing different practical tasks like gardening, litter-picking, footpath clearing, making habitat homes for wildlife and more. Meet us by the green container near the stream. Please wear clothing and footwear suitable for gardening. **Tools and refreshments will be provided.**
Fields Creative Walk Manorfield School, Manor Way, Batley WF17 7DQ	Wednesday 4th, 11th & 18th November 09:30 - 11:30 Facilitated by: Waheeda	Walk, garden and create! Come and join this welcoming social group for a gentle walk, a bit of gardening and some fun, creative activities. This group is relaxed, social, and open to everyone. Please wear clothing and footwear suitable for walking and gardening. **Please email: fieldscoordinator@batleymat.co.uk or call: 07497 512801 to book your place.**
Social Creatives S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 5th November 13:00 - 15:00 Facilitated by: Dawn & Byron	A safe space for 17-24 year olds to socialise and take part in free creative or nature-based activities. Come along and try something new, take care of your mental health and meet new people. This month, we will be creating our own aromatherapy candles.
Art in the Park Trinity Street Entrance, Greenhead Park. Huddersfield, HD1 4DT	Friday 6th November 10:00 - 12:00 Facilitated by: Dawn	Whether you are confident at drawing and painting or you're a beginner, sketching on location, in public, can be nerve-wracking at first. But why not join us for this Art in the Park session and have a go! Be inspired by the great outdoors, take a closer look at nature or just take some time out for yourself. Suitable for all ability levels. Please wear clothing and footwear suitable for walking. **Please bring a notepad or sketchbook and pencils etc. to draw with.**
9TH - 15TH NOVEMBER		
Fartown Pavilion Outdoor Volunteers Fartown Pavilion, Spaines Road Fartown HD2 2SD	Tuesday 10th, 17th & 24th November 11:00 - 13:00 Facilitated by: Jason & Byron	Join local residents and our usual Outdoor Volunteer gang for 3 weeks and help us to make the historic Fartown Pavilion a more inviting place to move more in the outdoors. Please wear clothing and footwear suitable for gardening.

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Huddersfield Repair Cafe S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Saturday 14th November 11:00 - 14:30 Facilitated by: Byron	Bring your broken or faulty items along to see the friendly fixing volunteers from Huddersfield Repair Café who will show you that not everything that's broken needs binning. If you have some fixing experience, then please let us know and you could become part of the fixing community too. **No microwaves or dehumidifiers please.**
16TH - 22ND NOVEMBER		
Social Creatives S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 19th November 13:00 - 15:00 Facilitated by: Dawn	A safe space for 17-24 year olds to socialise and take part in free creative or nature-based activities. Come along and try something new, take care of your mental health and meet new people.
Ramblers Walk Ramsden Reservoir Car Park, Brownhill Lane, Holmbridge HD9 2QW	Saturday 21st November 13:30 - 16:00	Join the Ramblers for a leisurely 4.5 mile circular walk around Ramsden Reservoir. Bring a packed lunch with you and please wear clothing and footwear suitable for walking. If you enjoy your first 2 or 3 walks, you may be invited to join the Ramblers and get the full benefits of membership on an annual subscription basis. For more information visit www.ramblers.org.uk or call Christine Senior from the Ramblers on 07856 844 432.
23RD - 29TH NOVEMBER		
Aromatherapy Bath Fizzes S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 25th November 13:00 - 15:00 Facilitated by: Byron	Learn how to create your own Aromatherapy Bath Fizzes, using environmentally-friendly ingredients, personalised with your own blend of essential oils, dried flowers and herbs. **Please note, the bath fizzes will need to set overnight and be collected at another time. This session will be delivered on the first floor, accessible only by stairs.**
Fields Creative Walk Field Lane Junior Infant & Nursery School, Albion Street, Batley WF17 5AH	Wednesday 25th November 13:00 - 15:00 Facilitated by: Waheeda	Walk, garden and create! Come and join this welcoming social group for a gentle walk, a bit of gardening and some fun, creative activities. This group is relaxed, social, and open to everyone. Please wear clothing and footwear suitable for walking and gardening. **Please email: fieldscoordinator@batleymat.co.uk or call: 07497 512801 to book your place.**



RECLAIM OUR PAVILION!

Join volunteers and local residents for litter picking, managing vegetation, painting or just to chat about how we can help this space.

Gloves and tools will be provided.
Children must be accompanied.

TUESDAY 10TH, 17TH & 24TH NOVEMBER

MEET AT THE MAIN ENTRANCE TO THE PAVILION ON SPAINES ROAD, FARTOWN, HUDDERSFIELD HD2 2SD AT 11AM

For more information, contact Jason by emailing: jason@s2r.org.uk or calling: 07541 095 455

If you are new to S2R, you will need to complete an application form before joining in with our sessions: www.s2r.org.uk/onlineapplicationform

S2R bookings and enquiries: 07933 358 800 (9.30am - 1.30pm, Monday to Friday)

S2R Office: 01484 539 531 (9.30am - 1.30pm, Wednesday and Thursday)

The Great Outdoors Project: 07541 095 455

Email: contact@s2r.org.uk

Website: www.s2r.org.uk

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S2R Create Space

@s2rcreatespace.bsky.social

S2RCreateSpace

Dementia Friends

Please note our courses and workshops are Dementia Friendly, for more information please get in touch.

Nature HUBS

Kirklees COUNCIL

Locala Health & Wellbeing

NHS West Yorkshire Integrated Care Board (ICB)

West Yorkshire Combined Authority | Tracy Brabin Mayor of West Yorkshire

Healthy Working Life

tsl KIRKLEES THIRD SECTOR LEADERS

HEALTH HUBS wellness works

co op

Creative Minds

NHS South West Yorkshire Partnership NHS Foundation Trust

one community

Charity Excellence FRAMEWORK QUALITY MARK 2025

MINDFUL EMPLOYER

Registered Charity 1122199 | Limited Company 6418312

Friends of Greenhead Park

S2R THE GREAT OUTDOORS PROJECT

S2R CREATE SPACE
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ART IN THE PARK

Come and join S2R and The Friends of Greenhead Park for some simple and relaxing sketching in the park. Lose yourself in the moment, be inspired by the great outdoors and take a closer look at nature.

FRIDAY 6th NOVEMBER FROM 10AM - 12NOON

Suitable for all ability levels, no art skills needed. Please bring something to draw on and with and wear clothing and footwear suitable for the outdoors.

Meet us at the Trinity Street Gate, Greenhead Park, Huddersfield HD1 4DT
For more info or to book your place, email: contact@s2r.org.uk or call: 07933 358 800

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