

Support to Recovery

PROMOTING POSITIVE MENTAL HEALTH

S2R

CREATE
SPACE

Promoting Positive Mental Health

NOVEMBER 2023 SCHEDULE

Here's what's coming up in our face-to-face,
Zoom and Facebook sessions this November



YOU MUST BOOK BEFORE ATTENDING ANY OF OUR SESSIONS UNLESS OTHERWISE STATED

To book your place on an S2R session, call 07933 358800 or email contact@s2r.org.uk



FACE-TO-FACE SESSIONS

Please do not attend any sessions if you feel unwell or have any symptoms of flu or Covid-19. Age restrictions apply: some sessions are family-friendly, others are for 18+ years so please check when you book to make sure it's suitable.

NAME	DATE AND TIME	DETAILS
REGULAR SESSIONS		
Peace Pit Growing Group Old Fieldhouse Lane, Deighton HD2 1AG	Monday 13 th & 27 th November 10:00 - 14:00 Facilitated by: Michelle	<u>NEW FINISH TIME</u> Help us to grow plants and flowers for local parks, voluntary groups and green spaces at the Kirklees Council polytunnels. No previous gardening experience needed. Please wear clothing and footwear suitable for gardening. Tools and refreshments will be provided.
Birkby Walk, Jog, Run Norman Park, Norman Road, Birkby HD2 2UE	Every Monday 11:00 - 12:00 Facilitated by: Elizabeth	Boost your fitness through walking, jogging and gentle exercises to improve your agility, balance and coordination. Progress at your own pace and find your own level with a friendly group of people and an emphasis on fun. Please book in advance so we can make sure this is the right activity for you. Trainers, water bottle and clothes that are suitable for exercise required. Meet us by the notice boards in Norman Park. Please note that we plan to carry these sessions on through the winter, but we will cancel on days of bad weather or adapt our activities for safety.
Cemetery Road Allotment Cemetery Road Allotments, Osborne Road, Birkby HD1 5HB	Monday 6 th & 20 th November 12:30 - 14:30 Every Wednesday 11:00 - 14:00 Facilitated by: Michelle & Andy	Join us on the allotment to help grow a variety of soft and hard fruit, salads, herbs and lots of vegetables which you can harvest and take home with you. No previous experience needed. Please wear clothing and footwear suitable for gardening. Tools and refreshments will be provided.
The Crafty Coffee Club S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Every Tuesday 10:00 - 12:30 Every Thursday 10:00 - 12:30 Facilitated by: Jess	A regular, social, creative group. Come along and work on your own creative project which can be anything from knitting to mindful colouring or even painting. This is a group intended for those who enjoy being creative with company and who are happy to self-teach. Please be aware this is not a taught group. £2 per person, per session to attend. Please bring your own equipment and materials.

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<p>Birkby & Fartown Library Gardening Group</p> <p>Birkby & Fartown Library, Lea Street HD1 6HF</p>	<p>Every Tuesday 11:00 - 12:45</p> <p>Facilitated by: Elizabeth</p>	<p>A gentle gardening session helping to maintain and develop the garden at Birkby Library. Enjoy some interesting horticultural activities, find out about volunteering at the library garden and share a drink and a chat. No previous experience needed. Please wear clothing and footwear suitable for gardening. Tools and refreshments will be provided. Please note that we will keep working outside until the end of November but will always have the option of going into the library if the weather is bad.</p>
<p>Work Days</p> <p>Various locations across Kirklees</p>	<p>Every Tuesday 11:00 - 13:00</p> <p>Facilitated by: Andy</p>	<p>Help look after community greenspaces via practical conservation tasks across Kirklees. Please wear clothing and footwear suitable for gardening. Tools will be provided. If you have any support, access/mobility needs, please contact us before booking as unfortunately not all outdoor sites are fully accessible.</p>
<p>S2R Welcome Mornings</p> <p>S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB</p>	<p>Every Wednesday 10:00 - 12:00</p> <p>Facilitated by: Dawn, Jess & Jason</p>	<p>Our Welcome Mornings are your chance to drop into S2R, to link up informally with others in the S2R community or to meet our lovely facilitators and find out what S2R has to offer you. Whether you are a member of the public or a professional, this is your chance to find out if S2R is for you and to have a friendly chat with us over a cuppa. Online appointments are also available. Simply call in, or email us at: contact@s2r.org.uk to book yourself a slot.</p>
<p>Start Writing!</p> <p>S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB</p>	<p>Every Wednesday 10:30 - 12:00</p>	<p>Have you ever dreamed about being a writer? Then come along and spend some time with published writer Andy Jarvis. Come and meet Andy, and get some helpful pointers to set you on the road to becoming a fiction writer! These will be informal session at first, with a view to starting a brand-new writing course in the new year.</p>
<p>Waheeda's Wellbeing Park Sketch Meet</p> <p>Crow Nest Park, Dewsbury WF13 2SG</p>	<p>Wednesday 1st November 10:00 - 12:00</p> <p>Facilitated by: Waheeda</p>	<p>Join us on the first Wednesday of every month at the wildflower garden in Crow Nest Park for a Park Sketch Meet. You can bring your own sketchbook or have a go at making a basic one. Let's take some time out for ourselves, get creative and learn from each other. Materials and refreshments will be provided.</p>
<p>Waheeda's Wellbeing</p> <p>Crow Nest Park, Dewsbury WF13 2SG</p>	<p>Wednesday 8th & 29th November 10:00 - 12:00</p> <p>Facilitated by: Waheeda</p>	<p>Join Waheeda for these creative arts and craft sessions inspired by nature and take some time out to enjoy a drink and a friendly chat too. We will meet in the wildflower garden. Tools and refreshments will be provided.</p>
<p>Waterloo Wanderers*</p> <p>Waterloo Bowling Club, Wakefield Road HD5 9XP</p>	<p>Every Wednesday 10:30 - 11:30</p> <p>Facilitated by: Sue</p>	<p>Even though the seasons are changing and the days might be a little gloomy, that's no reason to stay indoors! Getting out in the fresh air is good for you in lots of ways, so come and have an hour's stroll around our (sometimes surprisingly) interesting area. You could discover new routes, spot some interesting buildings and gardens, see a squirrel or simply enjoy some time outdoors with company. We meet outside Waterloo Bowling Club, please let us know if you are coming so we can look out for you.</p> <p><small>*Made possible with funding from the Dalton Place Standard Investment Fund.</small></p>

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NAME	DATE AND TIME	DETAILS
<p>Greenhead Park Wellbeing Walk</p> <p>Huddersfield Leisure Centre, Merton Street Huddersfield HD1 4BP</p>	<p>Every Wednesday 13:00 - 14:00</p> <p>Facilitated by: Dawn</p>	<p>Meet us at the entrance of Huddersfield Leisure Centre for a gentle walk to and around Greenhead Park, and then back to the Leisure Centre. Please wear clothing and footwear suitable for walking. Please book in advance of your first session by emailing us at: contact@s2r.org.uk.</p>
<p>Diabetes Peer Support Group*</p> <p>Sidings Healthcare Centre (upstairs room), Dewsbury WF12 9QU</p>	<p>Thursday 2nd & 16th November 13:30 - 14:30</p>	<p>A peer support group for anyone who is managing type 2 diabetes or has been recently diagnosed. Family members are also welcome. Come along, share your experiences and support one another. Refreshments will be provided. For more information, please contact Carmen Taylor on 07522 105 861.</p> <p><i>*Sessions organised by the Dewsbury Lead Community Anchor.</i></p>
<p>Friday Wanderers</p> <p>Crow Nest Park, Heckmondwike Road, Dewsbury WF13 2SG</p>	<p>Every Friday 09:30 - 10:30</p> <p>Facilitated by: Waheeda</p>	<p>Join this friendly, women-only group for gentle walks in nature exploring the beautiful green spaces in and around Dewsbury. This month, we will be meeting in Crow Nest Park, outside the main house. Please wear clothing and footwear suitable for walking.</p>
<p>Dewsbury Library Walking Group</p> <p>Dewsbury Library, Railway Street WF12 8EQ</p>	<p>Every Friday 11.00 - 12.45</p> <p>Facilitated by: Waheeda</p>	<p>Join your local guide Waheeda for some gentle walks along the river, canal and Greenway in Dewsbury. You'll get the chance to take in nature, enjoy panoramic views and historic architecture. Please wear clothing and footwear suitable for walking.</p>
<p>Mirfield Friday Friendship Group*</p> <p>Zion Baptist Church Hall, 14 Water Royd Lane Mirfield, WF14 9SB</p>	<p>Every Friday 14:00 - 15:30</p>	<p>A weekly social group for people over a certain age (50+) to get together. Regular in-house entertainment plus guest speakers and artistes. Everyone welcome. No booking required. Refreshments will be provided. The first week is free, then sessions are £2 per person to attend.</p>

30TH OCTOBER - 5TH NOVEMBER

<p>Lanterns and Laughter*</p> <p>Waterloo Bowling Club, Wakefield Road HD5 9XP</p>	<p>Monday 30th October 13:00 - 15:00</p> <p>Facilitated by: Sue</p>	<p>Happy half-term! Come and join us for this fun session and make a lantern to light up the evenings and bring a smile to your face. Make it spooky for Halloween or be inspired by autumn leaves, it's up to you. This is a family-friendly session but everyone is welcome. Under 16s must be accompanied by an adult. Please email: contact@s2r.org.uk to book your place as we need to make sure we have enough materials for everyone. Materials and refreshments will be provided.</p> <p><i>*Made possible with funding from the Dalton Place Standard Investment Fund.</i></p>
<p>Norman Park Family Event</p> <p>Norman Park, Birkby, Huddersfield HD2 2UE</p>	<p>Tuesday 31st October 13:00 - 15:00</p>	<p>Join us for this family event in Norman Park and have a go at some free autumnal nature-based activities, bug hotel making and some delicious seasonal food. Materials and refreshments will be provided.</p>

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NAME	DATE AND TIME	DETAILS
<p>Free Creative Drop-in Sessions</p> <p>The Artists Attic, 44 Daisy Hill, Dewsbury WF13 1LF</p>	<p>Monday 6th, 13th, 20th & 27th November 11:00 - 15:00</p> <p>Wednesday 1st, 8th, 15th, 22nd & 29th November 11:00 - 15:00</p>	<p>Offering opportunities to explore your own creativity. Come in and tell us what you want to do! For more information about upcoming classes, visit www.artistsattictrust.co.uk or send an email to: contact@artistsattictrust.co.uk.</p>
<p>Beaumont Park Family Event</p> <p>Beaumont Park, Beaumont Park Road, Huddersfield HD4 7AY</p>	<p>Thursday 2nd November 13:00 - 15:00</p>	<p>Join us for a family event in the community garden at Beaumont Park for some free nature-based activities, bulb planting, some delicious food and to find out more about the community garden. Meet us by the raised beds on the top footpath, to the right of the main entrance. Please wear clothing and footwear suitable for gardening. Tools and refreshments will be provided.</p>
<p>Social Creatives (was 17 - 24ers)</p> <p>S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB</p>	<p>Thursday 2nd November 13:00 - 15:00</p> <p>Facilitated by: Dawn</p>	<p>Are you aged between 17-24? Then come along to this social group for young adults, try something new and take part in different activities to help improve your wellbeing. Join us this week to create some Taylor Swift inspired friendship bracelets. We meet on the 1st and 3rd Thursday of every month. All materials will be provided.</p>

6TH - 12TH NOVEMBER

<p>Dewsbury Upcycling Café*</p> <p>Dewsbury Library, Railway Street, Dewsbury WF12 8EQ</p>	<p>Monday 6th November 09:30 - 11:30</p>	<p>Find out how to upcycle old t-shirts into unique woven jewellery at this friendly, welcoming group. All materials will be provided, but bring an old t-shirt if you'd like to try this technique and give a new life to something sentimental! You'll also get the chance to find out more about the new Dewsbury Repair Cafés, where friendly fixing volunteers can show you that not everything that's broken needs binning. Suitable for ages 16+. Anyone under 16 must be accompanied by an adult.</p> <p><i>*Supported by the Community Plus Fund.</i></p>
<p>Knit and Natter (or Sit and Chatter) at Morrisons*</p> <p>Morrisons Supermarket Café, Penistone Road, Huddersfield HD5 8QW</p>	<p>Tuesday 7th November 14:00 - 15:30</p> <p>Facilitated by: Sue</p>	<p>Come along to this friendly and welcoming group for a free warm drink and a sociable space. Open to everyone and we welcome new faces. If you are a Waterloo resident, we'd love you to get involved with the We are Waterloo project which aims to bring the community together and make positive changes to the local area.</p> <p><i>*Made possible with funding from the Dalton Place Standard Investment Fund.</i></p>
<p>Aromatherapy Soap Making</p> <p>S2R Create Space, Huddersfield HD1 1EB</p>	<p>Thursday 9th November 13:00 - 15:00</p> <p>Facilitated by: Byron</p>	<p>Learn how to create your own melt and pour body soap using natural colours, exfoliants, moisturisers and essential oils. Please note that this session will be delivered on the 1st floor, accessible only by stairs.</p>
<p>Huddersfield Repair Café*</p> <p>S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB</p>	<p>Saturday 11th November 11:00 - 15:00</p>	<p>Bring your broken or faulty items along to see the friendly fixing volunteers from Huddersfield Repair Café who will show you that not everything that's broken needs binning. If you have some fixing experience then please let us know and you could become part of the fixing community too! No microwaves please. Suitable for ages 16+. Anyone under 16 must be accompanied by an adult.</p> <p><i>*Supported by the Community Plus Fund.</i></p>

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NAME	DATE AND TIME	DETAILS
13TH - 19TH NOVEMBER		
<p>Dewsbury Upcycling Café*</p> <p>Dewsbury Library, Railway Street, Dewsbury WF12 8EQ</p>	<p>Monday 13th November 09:30 - 11:30</p>	<p>Find out how to upcycle old books into works of art using a variety of techniques at this friendly, welcoming group. These unique sculptures are great to give as a gift or keep for yourself! You'll also get the chance to find out more about the new Dewsbury Repair Cafés, where friendly fixing volunteers can show you that not everything that's broken needs binning. All materials will be provided. Suitable for ages 16+. Anyone under 16 must be accompanied by an adult.</p> <p><i>*Supported by the Community Plus Fund.</i></p>
<p>Art In The Park</p> <p>The Trinity Street Gate to Greenhead Park, Huddersfield HD1 4DT</p>	<p>Monday 13th November 10:00 - 12:00 Facilitated by: Dawn</p>	<p>Whether you are confident at drawing and painting or you're a beginner, sketching on location, in public can be nerve-wracking at first. But why not join S2R and Friends of Greenhead Park for this Art In The Park session and have a go! Be inspired by the great outdoors, take a closer look at nature or just take some time out for yourself. Suitable for all ability levels, no art skill needed. Please bring something to draw on and with (e.g., a notebook and a pencil or your sketch books, pens and pastels).</p>
<p>Screenprint A Tote Bag!</p> <p>S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB</p>	<p>Tuesday 14th November 10:00 - 12:30</p>	<p>Join local Artist Karen Stansfield and West Yorkshire Print Workshop to have a go at making your own screen print design which you will then print onto a tote bag to take home with you. This brilliant session will be creative and fun, and we are really excited to be able to support WYPW in bringing this amazing opportunity to Brook Street! You'll also get the chance to find out more about WYPW and take part in their research project which will consist of a simple questionnaire and a friendly chat about how they can make their services more accessible. Places are limited so booking is essential. Refreshments will be provided.</p>
<p>Weekday Dewsbury Repair Café*</p> <p>The Artists Attic, 44 Daisy Hill, Dewsbury WF13 1LF</p>	<p>Wednesday 15th November 11:00 - 14:30</p>	<p>Bring your broken or faulty items along to be fixed, learn how to repair common household items, help to reduce landfill and save money too! If you would like to volunteer as a repairer then please email: sian@s2r.org.uk. No microwaves please. Suitable for ages 16+. Anyone under 16 must be accompanied by an adult.</p> <p><i>*Supported by the Community Plus Fund.</i></p>
<p>Felted Acorns and Fancy Garlands*</p> <p>Waterloo Bowling Club, Wakefield Road HD5 9XP</p>	<p>Thursday 16th November 13:00 - 14:30 Facilitated by: Sue</p>	<p>Come and join us at Waterloo Bowling Club for this fun and friendly session where you'll discover some simple wet felting techniques to make beautiful, everlasting acorns and cheerful garlands to bring the warmth of autumnal colours into your home or to give as a gift if you're feeling generous. With a free brew and plenty of time to chat too, it's a lovely way to spend an afternoon and we'd love to meet you.</p> <p><i>*Made possible with funding from the Dalton Place Standard Investment Fund.</i></p>

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<p>Aromatherapy Wax Melts</p> <p>S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB</p>	<p>Thursday 16th November 13:00 - 15:00</p> <p>Facilitated by: Byron</p>	<p>Learn how to make your own melt and pour soya wax melts using eco-friendly ingredients and essential oils. Please note that this session will be delivered on the 1st floor, accessible only by stairs.</p>
<p>Social Creatives (was 17 - 24ers)</p> <p>S2R Create Space, 5-7 Brook Street Huddersfield HD1 1EB</p>	<p>Thursday 16th November 13:00 - 15:00</p> <p>Facilitated by: Dawn & Andy</p>	<p>Are you aged between 17-24? Then come along to this social group for young adults, try something new and take part in different activities to help improve your wellbeing. This week join us to learn some simple woodworking techniques and create a stand for your mobile device from recycled pallets. We meet on the 1st and 3rd Thursday of every month. All materials and tools will be provided.</p>
<p>Ramblers Taster Walks</p> <p>Scar Café, Woodhead Road, Lockwood HD4 6ER</p>	<p>Saturday 18th November 13:30 - 16:00</p>	<p>Join the Ramblers for a leisurely 4.5 mile circular walk around the River Holme. Please wear suitable clothing and footwear. If you enjoy your first 2 or 3 walks you may be invited to join the Ramblers and get the full benefits of membership on an annual subscription basis. For more information, visit: https://www.ramblers.org.uk/ or call Christine Senior from the Ramblers on: 07856 844 432.</p>

20TH - 26TH NOVEMBER

<p>Knit and Natter (or Sit and Chatter) at Morrisons*</p> <p>Morrisons Supermarket Café, Penistone Road, Huddersfield HD5 8QW</p>	<p>Tuesday 21st November 14:00 - 15:30</p> <p>Facilitated by: Sue</p>	<p>Come along to this friendly and welcoming group for a free warm drink and a sociable space. Open to everyone and we welcome new faces. If you are a Waterloo resident, we'd love you to get involved with the We are Waterloo project which aims to bring the community together and make positive changes to the local area.</p> <p><i>*Made possible with funding from the Dalton Place Standard Investment Fund.</i></p>
<p>People Helping People Event*</p> <p>Chickenley Community Centre, Princess Road, Dewsbury WF12 8QT</p>	<p>Wednesday 22nd November 13:00 - 14:30</p>	<p>An event for community and voluntary organisations in Dewsbury and Mirfield. This is an opportunity to connect, find out about funding opportunities and future collaborations. Refreshments will be provided. Please confirm your attendance by emailing: bridget@TSLkirklees.org.uk or carmen@s2r.org.uk.</p> <p><i>*This event is a partnership between Dewsbury Anchor S2R and TSL.</i></p>
<p>Aromatherapy Room Spray</p> <p>S2R Create Space, 5-7 Brook Street Huddersfield HD1 1EB</p>	<p>Thursday 23rd November 13:00 - 15:00</p> <p>Facilitated by: Byron</p>	<p>Learn how to create your own perfect blend of essential oils to use in a room spray, whether it's to help you relax, or to make you feel uplifted, refreshed or cosy. Please note that this session will be delivered on the 1st floor, accessible only by stairs.</p>
<p>Weekend Dewsbury Repair Café*</p> <p>Longcauseway Church, 36 The Princess of Wales Precinct, Dewsbury WF13 1NH</p>	<p>Saturday 25th November 11:00 - 14:00</p>	<p>Bring your broken or faulty items along to be fixed, learn how to repair common household items, help to reduce landfill and save money too! If you would like to volunteer as one of our repairers then please email: sian@s2r.org.uk. No microwaves please. Suitable for ages 16+. Children under 16 must be accompanied by an adult.</p> <p><i>*Supported by the Community Plus Fund.</i></p>

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27TH NOVEMBER - 3RD DECEMBER		
Rag Wreaths* Waterloo Bowling Club, Wakefield Road HD5 9XP	Thursday 30 th November 13:00 - 14:30 Facilitated by: Sue	It's nearly December, so what better way to bid goodbye to one month and say hello to the next than by making a colourful rag wreath to decorate your home. A fantastic way to reuse old clothing or sentimental bits of fabric, this week we'll be making something new out of scraps. Make your wreath festive, funky or freestyled – the choice is yours! As always, a warm drink and good company are also included. *Made possible with funding from the Dalton Place Standard Investment Fund.
Aromatherapy Bath Fizzes S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 30 th November 13:00 - 15:00 Facilitated by: Byron	Learn how to use essential oils and eco-friendly ingredients to create colourful bath or foot spa fizzes. Please note that this session will be delivered on the 1st floor, accessible only by stairs.

Age restrictions apply to some sessions - please ask for details.

Please do not attend any sessions if you feel unwell or have any symptoms of flu or COVID-19.



ZOOM SESSIONS

To book your place on these sessions, email us at: contact@s2r.org.uk and we will send you the Zoom joining links. You are welcome to join each class 10 minutes beforehand to get yourself settled and prepared.

NAME	DATE AND TIME	DETAILS
Drawing Animals in Detail on Zoom*	Tuesday 31 st October, Tuesday 7 th , 14 th 21 st & 28 th November & Tuesday 5 th & 12 th December 19:00 - 20:00	Learn how to draw the different textures and details of animals such as eyes, noses, fur or scales in this 7-week course that's suitable for all abilities. To work along with Audrey, you will need: - A 3B, 4B or 5B pencil - An 0.5 waterproof fine-liner and/or a sharpie pen/brush pen - A3 or A4 sketch paper (all the examples will be in a square format - please put a 1/3 marker on the edges or do a full-length 1/3 grid before the session begins). *Funded through Creative Connect from Creative Minds.
Watercolour and Collage on Zoom*	Thursday 2 nd , 9 th , 16 th , 23 rd & 30 th November & Thursday 7 th & 14 th December 19:00 - 20:00	Use collage to explore compositions and then paint the end result in watercolours to see how it translates in this 7-week course that's suitable for all abilities. To work along with Audrey, you will need: - Your own basic set of watercolour paints (some go-to colours are: cadmium red, cadmium yellow, lemon yellow, ultramarine, cerulean blue, indigo or Paynes grey, burned umber, burned sienna, raw umber, raw sienna, permanent rose, sap green and hookers green) - A big flat brush and the biggest round watercolour brush you feel comfortable using - A fine-liner or a pencil - Watercolour paper (minimum 250gsm), taped up - A water pot full of water and some kitchen roll - A4 paper in black, red, yellow, blue and 2x pastel colours (any type) - A craft knife, a ruler and some scissors. *Funded through Creative Connect from Creative Minds.



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NAME	DATE AND TIME	DETAILS
<p>Watercolour Christmas Cards Workshop*</p>	<p>Sunday 12th & 19th November 10:00 - 11:00</p>	<p>Join this fun and festive two-week workshop and learn how to make your own watercolour Christmas cards using masking and cling-film techniques. To work along with Audrey, you will need:</p> <ul style="list-style-type: none"> - Your own basic set of watercolour paints (some go-to colours are: cadmium red, cadmium yellow, lemon yellow, ultramarine, cerulean blue, indigo or Paynes grey, burned umber, burned sienna, raw umber, raw sienna, permanent rose, sap green and hookers green) - Brushes (the biggest round watercolour brush you feel comfortable using) and a flat hog hair/rough brush or a fan brush - A waterproof fine-liner - Cling-film, masking tape, masking fluid and cocktail sticks/ear buds - Coloured watercolour pencils (optional) - A water pot full of water and some kitchen roll and some coloured watercolour pencils (optional) - Taped up watercolour paper (depending on how many cards you want to make) or Audrey uses blank shop bought cards with envelopes and glues the end results on with Pritt-stick. <p>*Funded through Creative Connect from Creative Minds.</p>

If you are new to S2R, you will need to complete our short application form before joining in with sessions: www.s2r.org.uk/onlineapplicationform

S2R bookings and enquiries: 07933 358 800 (10.30am - 3.30pm, Monday to Friday)

S2R Office: 01484 539 531 (10.30am - 1pm, Tuesday - Thursday)

The Great Outdoors Project: 07541 095 455

Carmen Taylor: 07522 105 861 (Dewsbury & Mirfield Community Anchor)

Email: contact@s2r.org.uk

Website: www.s2r.org.uk



S2R Create Space



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Please note our courses and workshops are Dementia Friendly, for more information please get in touch.



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