

Support to Recovery

PROMOTING POSITIVE MENTAL HEALTH

S2R
**CREATE
SPACE**

Promoting Positive Mental Health

DECEMBER 2025 SCHEDULE

Here's what's coming up in our face-to-face workshops,
Zoom sessions and Facebook releases this December



YOU MUST BOOK BEFORE ATTENDING ANY OF OUR SESSIONS UNLESS OTHERWISE STATED

To book your place on an S2R session, call 07933 358800 or email contact@s2r.org.uk

PLEASE NOTE THAT S2R WILL BE CLOSED FROM MONDAY 22ND DECEMBER 2025 TO FRIDAY 2ND JANUARY 2026. WE WISH YOU ALL A WONDERFUL FESTIVE BREAK, SEE YOU IN THE NEW YEAR!



FACE-TO-FACE SESSIONS

Please do not attend any sessions if you feel unwell or have any symptoms of flu or Covid. Age restrictions apply: some of our sessions are family-friendly, but most are for 18+ years only so please check when you book to make sure it's suitable.

NAME	DATE AND TIME	DETAILS
REGULAR SESSIONS		
Outdoor Volunteers S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Tuesday 2 nd , 9 th & 16 th December 10:00 - 13:00 Facilitated by: Andy	Meet us at our Create Space building then travel with us to various community green spaces around Kirklees, helping to maintain and improve them through practical conservation tasks such as gardening, tree planting, litter-picking and path construction. Please wear clothing and footwear suitable for gardening. All tools will be provided. If you have any support, access/mobility needs, please contact us before booking as unfortunately not all outdoor sites are fully accessible.
Birkby and Fartown Library Gardening Group Birkby & Fartown Library, Huddersfield HD1 6HF	Tuesday 2 nd , 9 th & 16 th December 11:00 - 12:45 Facilitated by: Cherry	A gentle gardening session helping to maintain and develop the garden at Birkby Library, with a few craft activities taking place on alternate weeks too. No previous gardening experience required. Please wear clothing and footwear suitable for gardening. Toilet facilities are available at this session. Tools and refreshments will be provided.
Move More* Zion Baptist Church Hall, 14 Water Royd Lane, Mirfield WF14 9SB	Tuesday 2 nd , 9 th & 16 th December 14:00 - 15:00 Facilitated by: Rowena £2 per person	Join these friendly Move More sessions led by Julie from Active Bodies and have a go at some gentle exercises designed to keep you moving, increase your flexibility, maintain your strength and help you feel more positive. These sessions are suitable for all abilities. Please wear loose, comfortable clothing and bring along a bottle of water to keep hydrated. Everyone is welcome and there's no need to book, just turn up on the day. The first week is free, then sessions are £2 per person to attend. *Supported by The National Lottery Community Fund.
Fields Creative Walks Manorfield School, Manor Way, Batley WF17 7DQ	Wednesday 3 rd & 10 th December 09:30 - 11:30 Facilitated by: Waheeda	Walk, garden and create! Come and join this welcoming social group for a gentle walk, a bit of gardening and some fun, creative activities. This group is relaxed, social, and open to everyone. Please email: fieldscoordinator@batleymat.co.uk or call: 07497 512801 to book your place. Please wear clothing and footwear suitable for walking and gardening.

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REGULAR SESSIONS		
S2R Welcome Morning S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 10 th December 10:00 - 12:00 Facilitated by: Dawn, Molly & Jason	Our Welcome Mornings are your chance to drop into S2R, to link up informally with others in the S2R community or to meet our friendly facilitators and find out what S2R has to offer you. Whether you are a member of the public or a professional, this is your chance to find out if S2R is for you and to have a chat with us over a cuppa. Online appointments are also available. Just call in, or email: contact@s2r.org.uk to book a slot.
Fields Creative Walks Field Lane Junior, Infant & Nursery School, Albion Street, Batley WF17 5AH	Wednesday 3 rd & 10 th December 12:45 - 14:45 Facilitated by: Waheeda	Walk, garden and create! Come and join this welcoming social group for a gentle walk, a bit of gardening and some fun, creative activities. This group is relaxed, social, and open to everyone. Please email: fieldscoordinator@batleymat.co.uk or call: 07497 512801 to book your place. Please wear clothing and footwear suitable for walking and gardening.
Greenhead Park Wellbeing Walk Huddersfield Leisure Centre, Merton Street HD1 4BP	Wednesday 3 rd December 13:00 - 14:00 Facilitated by: Dawn	Meet us at the entrance of Huddersfield Leisure Centre for a gentle walk to and around Greenhead Park, and then back to the Leisure Centre. Please wear clothing and footwear suitable for walking. Please book in advance of your first session by emailing us at: contact@s2r.org.uk.
The Crafty Coffee Club S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Thursday 4 th , 11 th & 18 th December 10:00 - 12:00 £2 per person	A regular, social, creative group. Come along and work on your own creative project which can be anything from knitting to mindful colouring or even painting. This is a group intended for those who enjoy being creative with company and who are happy to self-teach. Booking is essential as places are limited. Please be aware this is not a taught group and costs £2 per person, per session to attend. Please bring your own equipment and materials with you. *Made possible with funding from One Community Foundation.
Active Birkby Club Evening Walk Norman Park, Birkby Huddersfield HD2 2UE	Every Thursday 19:00 - 20:30	Join the Active Birkby Club for a gentle evening stroll exploring the green spaces of Birkby. Stretch your legs after tea and set yourself up for a good night's sleep. These walks are organised by participants and booking is essential. Please wear clothing and footwear suitable for walking. Everyone is welcome!
Dewsbury Library Walking Group Dewsbury Library, Railway Street WF12 8EQ	Friday 5 th , 12 th & 19 th December 11.00 - 12.45	Join this self-led group for gentle walks along the river, canal and Greenway in Dewsbury. You'll get the chance to take in nature, enjoy panoramic views and historic architecture. Please wear clothing and footwear suitable for walking.
Mirfield Friday Friendship Group* Zion Baptist Church Hall, 14 Water Royd Lane Mirfield, WF14 9SB	Friday 5 th , 12 th & 19 th December 14:00 - 15:30 Facilitated by: Rowena £2 per person	A weekly social group for people over a certain age (50+) to get together. Regular in-house entertainment plus guest speakers and artistes. Everyone is welcome. No booking required, just come along. Refreshments will be provided. The first week is free, then sessions are £2 per person to attend. *Supported by The National Lottery Community Fund.

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NAME	DATE AND TIME	DETAILS
1ST - 7TH DECEMBER		
Norman Park Outdoor Volunteers Green Container, Norman Park, Birkby, Huddersfield HD2 2UD	Tuesday 2 nd December 11:00 - 13:00 Facilitated by: Byron	Help us to look after Norman Park for the benefit of nature and also for the whole community to enjoy. We will be doing different practical tasks like gardening, litter-picking, footpath clearing, making habitat homes for wildlife and more! Meet us by the green container near the stream. Please wear clothing and footwear suitable for gardening. Tools and refreshments provided.
Social Creatives S2R Create Space, Huddersfield HD1 1EB	Thursday 4 th December 13:00 - 15:00 Facilitated by: Dawn	Are you aged between 17-24? Come and join us in a safe space to socialise and take part in some creative activities. Come along and try something new for free!
Friday Wanderers Dewsbury Country Park, Lowfield Road, Dewsbury WF13 3SR	Friday 5 th December 09:30 - 10:30 Facilitated by: Waheeda	Join this friendly, ladies-only group for a scenic walk through Dewsbury Country Park surrounded by trees and fresh air. We can chat, connect and explore nature together. Please wear clothing and footwear suitable for walking.
Winter Celebration in the Park Norman Park, Birkby, Huddersfield HD2 2UE	Sunday 7 th December 11:00 - 13:00 Facilitated by: Byron & Jason	Join us for this heartwarming winter celebration in Norman Park. We will be bringing the community together to embrace the magic of the season with a variety of activities for everyone. There will be nature-inspired crafts, glass lantern paintings and sing-along seasonal music, plus delicious treats and hot drinks to keep you warm! Everyone is welcome.
8TH - 14TH DECEMBER		
Greenhead Park Outdoor Volunteers Café in the Park (opposite the tennis courts) Greenhead Park HD1 4HS	Tuesday 9 th December 11:00 - 13:00 Facilitated by: Andy	Join us in Greenhead Park on the second Tuesday of every month, working alongside the Park Maintenance Team. Help us to keep this Green Flag Park looking fantastic for the benefit of everyone's wellbeing, meet some new people and learn some handy practical skills along the way too! Please wear clothing and footwear suitable for gardening. Tools will be provided.
Winter Wreath Making Daytime Workshop S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 10 th December 13:00 - 15:00 Facilitated by: Byron £20 per person	Join us to celebrate winter and connect with nature by making a beautiful seasonal wreath from scratch using locally sourced natural foliage, then decorate it with berries, dried fruit, pinecones and ribbons whilst enjoying some seasonal refreshments. Please bring a bag with you to take your wreath home in. Ages 18+ only. This workshop costs £20 per person which includes warm drinks, plenty of biscuits and all materials. Please visit: www.s2r.org.uk/book-online to book your place.
Winter Wreath Making Evening Workshop S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 10 th December 18:00 - 20:00 Facilitated by: Byron £20 per person	Join us for this evening workshop to celebrate winter and connect with nature by making a beautiful seasonal wreath from scratch using locally sourced natural foliage, then decorate it with berries, dried fruit, pinecones and ribbons whilst enjoying some seasonal refreshments. Please bring a bag with you to take your wreath home in. Ages 18+ only. This workshop costs £20 per person which includes warm drinks, biscuits and all materials. Please visit: www.s2r.org.uk/book-online to book your place.
Underpin* Fabric Festive Decorations The Arcade Pop Up, The Princess of Wales Precinct, Dewsbury WF13 1NH	Friday 12 th December 13:00 - 14:30 Facilitated by: Kim	Learn how to make your own festive decorations using polyester balls and recycled fabric. We are also running this session online and a video recording will be available for you to watch in your own time. See page 5 of this schedule for more information. *These sessions have been funded by Creative Minds.

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NAME	DATE AND TIME	DETAILS
Huddersfield Repair Café S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Saturday 13 th December 11:00 - 14:30	Bring your broken or faulty items along to see the friendly fixing volunteers from Huddersfield Repair Café who will show you that not everything that's broken needs binning. If you have some fixing experience then please let us know and you could become part of the fixing community too! No microwaves or dehumidifiers please. Age 16+. Anyone under 16 must be accompanied by an adult.
15TH - 21ST DECEMBER		
Underpin* Fabric Festive Decorations The 3 Strand Café, The Princess of Wales Precinct, Dewsbury WF13 1NH	Monday 15 th December 12:00 - 13:30 Facilitated by: Kim	Everyone is welcome to join us for a cuppa and some creativity, in these friendly sessions. This time, you can learn to make your own festive decorations using polyester balls and recycled fabric! Every month we'll be bringing you more inspiration and ideas for upcycling, re-using and altering fabrics and clothes. We'd love to meet you! We are also running this session online and a video recording will be available for you to watch in your own time. Please see page 5 of this schedule for more information. <i>*These sessions have been funded by Creative Minds.</i>
Tree Planting Outdoor Volunteers Clough Hall Lane (via Ashes Lane), Almondbury, Huddersfield HD4 6TE	Tuesday 16 th December 11:00 - 13:00 Facilitated by: Andy	Join our Outdoor Volunteers for this special tree planting session to help mitigate climate change, improve biodiversity and provide a wellbeing asset for both ourselves and for future generations. Parking is available on the field on the left, shortly after driving onto Clough Hall Lane, then it's a short walk to the planting site. Please wear clothing and footwear suitable for gardening. Tools will be provided.
S2R's Winter Get Together S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 17 th December 10:00 - 15:00	Come and join us to celebrate the end of another year at S2R with drop-in craft workshops, games, festive music and an open fire. Plus there will be a delicious winter casserole and seasonal refreshments too! Pop in for an hour or two or join us for the whole day, it's up to you.
Winter Mindfulness S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 17 th December 11:00 - 12:00 Facilitated by: Michelle	A relaxing and gentle introductory session to mindful movement and breathing with essential oils. Perfect for helping you unwind during a stressful time of year. Advance booking is essential. Email: contact@s2r.org.uk to book your place.
Willow Bird Feeder S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 17 th December 13:00 - 15:00 Facilitated by: Mary	Learn how to make your own willow bird feeder and other willow decorations for the garden, to benefit local wildlife and add some interest to your garden throughout the winter. Advance booking is essential. Email: contact@s2r.org.uk to book your place.
Ramblers Taster Walks Carlisle Street Car Park, Huddersfield Road, Meltham HD9 4NP	Saturday 20 th December 13:30 - 16:00	Join the Ramblers for a leisurely 4.5 mile circular walk around Meltham and Honley. Bring a packed lunch with you and please wear clothing and footwear suitable for walking. If you enjoy your first 2 or 3 walks, you may be invited to join the Ramblers and get the full benefits of membership on an annual subscription basis. For more information, visit: https://www.ramblers.org.uk/ or call Christine Senior from the Ramblers on: 07856 844 432.

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ZOOM SESSIONS

To book your place on these sessions, or to receive session recordings to have a go at in your own time, please email us at: contact@s2r.org.uk and we will send you the meeting and video links.

NAME	DATE AND TIME	DETAILS
Underpin: Alter, Re-use, Upcycle*	Tuesday 9 th December 11:00 - 12:00 Facilitated by: Kim	<p>Join us for these friendly and relaxed Zoom sessions where you will learn how to alter, re-use and upcycle clothes and fabrics.</p> <p>This time, you will learn how to make your own festive decorations using polyester balls and recycled fabric. Every month, we'll be bringing you more inspiration and ideas for upcycling, re-using and altering fabrics and clothes. If you can't attend the live sessions, but would like a video recording to have a go at in your own time, please let us know and we will send you the video link.</p> <p>We are also running this session in-person in Dewsbury. Please see pages 3 and 4 of this schedule for more information.</p> <p><i>*These sessions have been funded by Creative Minds.</i></p>

If you are new to S2R, you will need to complete an application form before joining in with our sessions: www.s2r.org.uk/onlineapplicationform

S2R bookings and enquiries: 07933 358 800 (9.30am - 1.30pm, Monday to Friday)

S2R Office: 01484 539 531 (9.30am - 1.30pm, Wednesday and Thursday)

The Great Outdoors Project: 07541 095 455

Community Anchor: Siân Smith 07933 353 487

Email: contact@s2r.org.uk

Website: www.s2r.org.uk



S2R Create Space



@CreateSpaceS2R



S2RCreateSpace



Please note our courses and workshops are Dementia Friendly, for more information please get in touch.



West Yorkshire
Combined Authority
Tracy Brabin
Mayor of West Yorkshire



Registered Charity 1122199 | Limited Company 6418312

The logo is a purple rounded rectangle with a dashed border. It contains the text 'S2R' in large white letters, 'CREATE SPACE' in smaller white letters below it, and 'Promoting Positive Mental Health' in even smaller white letters at the bottom.

S2R

**CREATE
SPACE**

Promoting Positive Mental Health

The logo is a dark green circular shape with a textured, leafy appearance. It contains the text 'S2R' in white at the top, 'THE GREAT OUTDOORS' in white in the middle, and 'PROJECT' in white at the bottom.

**S2R
THE GREAT
OUTDOORS
PROJECT**

S2R invites you to The Great Outdoors Project's

Winter Get Together

Come and join us to celebrate the end of another year at S2R with drop-in crafts, games, singing, a warm fire, delicious winter food and refreshments. Pop in for an hour or two or join us for the whole day, it's up to you. All of our activities are free!

WEDNESDAY 17TH DECEMBER
10AM - 3PM

We will also be running some free seasonal workshops:

WINTER MINDFULNESS, 11AM - 12NOON
WILLOW BIRD FEEDER, 1 - 3PM

Please book onto these workshops in advance by emailing us at: contact@s2r.org.uk or calling: 07933 358 800. Please note that these activities will be held on the 1st floor, accessible only by stairs.

S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB