


Support to Recovery (S2R) PROMOTING POSITIVE MENTAL HEALTH

S2R &



Community Anchor Projects for Dewsbury & Mirfield

We can:

- ⇒ Assist local groups to develop, gain new skills, access opportunities, and thrive
- ⇒ Promote community resources helping people to get connected and involved
- ⇒ Support partnerships pathways and build community involvement

Helping local groups make great things happen

Our Anchor Role - *Dewsbury & Mirfield*

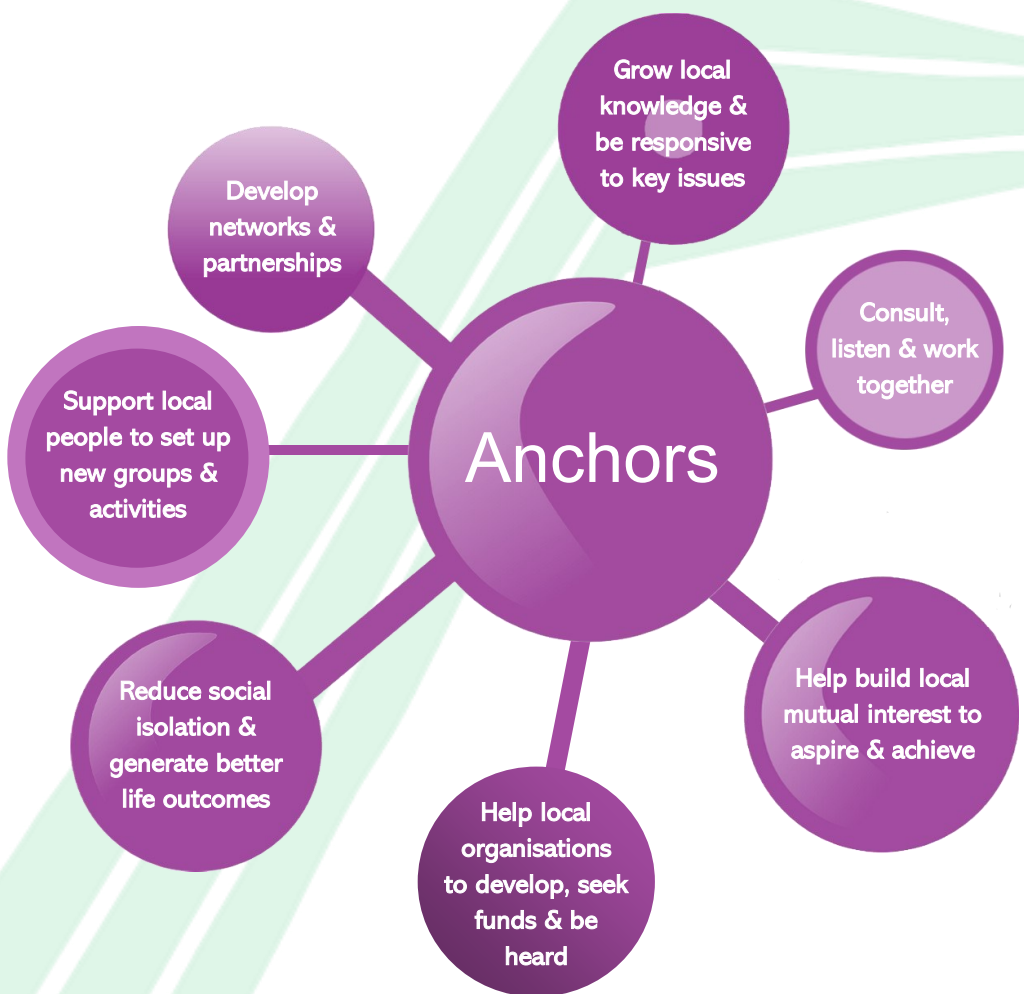
To establish and be responsive to local community wellbeing needs by working alongside and helping to link together local amenities: including centres and community groups, voluntary organisations, Social Prescribers, Kirklees community teams, local mutual aid groups and business:

- ⇒ Enabling volunteering opportunities and volunteer development
- ⇒ Supporting services to improve health and wellbeing, community cohesion and resilience
- ⇒ Building local capacity and sustainability by supporting fledgling initiatives and established groups to access resources, guidance and training

By working in partnership, our community can:

- ⇒ Highlight key health issues
- ⇒ Reduce poor life habits such as diet and inactivity
- ⇒ Address and promote mental and emotional health needs
- ⇒ Reduce social isolation and loneliness
- ⇒ Support marginalised groups to connect and aspire
- ⇒ Connect with key services such as alcohol, drug and smoking cessation
- ⇒ Create services for local people by local people
- ⇒ Regenerate neighbourhoods and encourage those who might not normally engage with social, health or wellbeing type activities to gain positive life habits, build resilience, increase confidence, personal choice and control

To find out what we have coming up
visit: www.s2r.org.uk/whats-on



Anchor Organisations:

Are here to enable the best opportunities for individuals, groups and communities to work together, share their ideas and skills, enhance their offer of locally like-minded themes and ideas, and be responsive, supportive and inclusive.

"Pooled together, we can make a bigger splash than one small puddle!"

How to Contact Us:

To find out more about our role as Community Anchor organisations for Dewsbury and Mirfield, please contact:



Support to Recovery (S2R)



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S2R Create Space



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