

Support to Recovery

PROMOTING POSITIVE MENTAL HEALTH



JUNE 2025 SCHEDULE

Here's what's coming up in our face-to-face workshops,
Zoom sessions and Facebook releases this June



YOU MUST BOOK BEFORE ATTENDING ANY OF OUR SESSIONS UNLESS OTHERWISE STATED

To book your place on an S2R session, call 07933 358800 or email contact@s2r.org.uk



FACE-TO-FACE SESSIONS

Please do not attend any sessions if you feel unwell or have any symptoms of flu or Covid. Age restrictions apply: some of our sessions are family-friendly, but most are for 18+ years only so please check when you book to make sure it's suitable.

NAME	DATE AND TIME	DETAILS
REGULAR SESSIONS		
Peace Pit Growing Group Old Fieldhouse Lane, Deighton, Huddersfield HD1 1AG	Every Monday 10:00 - 14:00	Help us to grow plants and flowers for local parks, volunteer groups and green spaces at the Kirklees Council polytunnels. No previous gardening experience needed and you can stay for the whole session or join us for an hour or two, it's up to you. Please wear clothing and footwear suitable for gardening. Tools and refreshments will be provided.
Underpin: Alter, Re-use, Upcycle* The 3 Strand Café, Longcauseway Church, Dewsbury WF13 1NH	Every Monday 12:00 - 14:00 Facilitated by: Siân	Come and learn how to alter, re-use and upcycle clothes and fabrics at these friendly and relaxed in-person sessions in Dewsbury. We will teach you how to upcycle, repair and transform items you already have in your wardrobe by turning jeans into skirts, altering necklines or adding pockets, all whilst saving you money and reducing waste at the same time! We are also running some of these sessions online and video recordings will also be available for you to watch in your own time. Please see page 7 of this schedule for more information. <i>*These sessions have been funded by Creative Minds.</i>
Outdoor Volunteers S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Tuesday 3 rd , 17 th & 24 th June 10:00 - 13:00 Facilitated by: Andy	Meet us at our Create Space building then travel with us to various community green spaces around Kirklees, helping to maintain and improve them through practical conservation tasks such as gardening, tree planting, litter-picking and path construction. Please wear clothing and footwear suitable for gardening. All tools will be provided. If you have any support, access/mobility needs, please contact us before booking as unfortunately not all outdoor sites are fully accessible.
Birkby and Fartown Library Gardening Group Birkby & Fartown Library, Huddersfield HD1 6HF	Every Tuesday 11:00 - 12:45 Facilitated by: Cherry	A gentle gardening session helping to maintain and develop the garden at Birkby Library, with a few craft activities taking place on alternate weeks too. No previous gardening experience required. Please wear clothing and footwear suitable for gardening. Toilet facilities are available at this session. Tools and refreshments will be provided.
Greenhead Park Outdoor Volunteers Café in the Park (opposite the tennis courts) Greenhead Park HD1 4HS	Tuesday 10 th June 11:00 - 13:00 Facilitated by: Andy	Join us in Greenhead Park on the second Tuesday of every month, working alongside the Park Maintenance Team. Help us to keep this Green Flag Park looking fantastic for the benefit of everyone's wellbeing, meet some new people and learn some handy practical skills along the way too! Please wear clothing and footwear suitable for gardening. Tools will be provided.

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Move More* Zion Baptist Church Hall, 14 Water Royd Lane, Mirfield WF14 9SB	Every Tuesday 14:00 - 15:00 Facilitated by: Rowena £2 per person	Join these friendly Move More sessions led by Julie from Active Bodies and have a go at some gentle exercises designed to keep you moving, increase your flexibility, maintain your strength and help you feel more positive. These sessions are suitable for all abilities. Please wear loose, comfortable clothing and bring along a bottle of water to keep hydrated. Everyone is welcome and there's no need to book, just turn up on the day. The first week is free, then sessions are £2 per person to attend. <i>*Supported by The National Lottery Community Fund.</i>
Fields Walking and Gardening Group Staincliffe and Healey Sure Start Centre, Chestnut Avenue, Batley WF17 7DH	Every Wednesday 09:30 - 11:30 Facilitated by: Waheeda	<u>NEW SESSION!</u> Walk, garden and create! Come and join this welcoming social group for a gentle walk, a bit of gardening and some fun, creative activities. This group is relaxed, social, and open to everyone. Please email: fieldscoordinator@batleymat.co.uk or call: 07497 512901 to book your place. Please wear clothing and footwear suitable for walking and gardening.
S2R Welcome Morning S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Every Wednesday 10:00 - 12:00 Facilitated by: Dawn & Jason	Our Welcome Mornings are your chance to drop into S2R, to link up informally with others in the S2R community or to meet our friendly facilitators and find out what S2R has to offer you. Whether you are a member of the public or a professional, this is your chance to find out if S2R is for you and to have a chat with us over a cuppa. Online appointments are also available. Just call in, or email us at: contact@s2r.org.uk to book yourself a slot.
Knit and Natter at Moldgreen URC* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Every Wednesday 10:00 - 12:00	Join us as we knit and natter on a Wednesday morning. Knitters, stitchers and crocheters, everyone is welcome. We knit various things including hats and scarves for the Uniform Exchange, squares for blankets and other small things for various causes, including for church. Crochet and hand sewing are also options - whatever takes your fancy. If you just want to natter, that's ok too, we're always up for a chat. At noon, the session finishes and you can choose to stay for lunch that's usually homemade soup with a bread roll and a warm dessert (also homemade), all for just £3 per person. Please note that lunch will not be available on the 4 th June. Come along, we'd love to meet you. <i>*In partnership with Unite Respect Connect - Huddersfield.</i>
Cemetery Road Community Allotment Cemetery Road Allotments, Osborne Rd, Birkby HD1 5HB	Every Wednesday 11:00 - 14:00	Join us on the allotment to help grow a variety of soft and hard fruit, salads, herbs and lots of vegetables which you can harvest and take home with you. No previous experience needed. Please wear clothing and footwear suitable for gardening. Please note that there are no toilet facilities at this group. Tools and refreshments will be provided.
Greenhead Park Wellbeing Walk Huddersfield Leisure Centre, Merton Street HD1 4BP	Every Wednesday 13:00 - 14:00 Facilitated by: Dawn	Meet us at the entrance of Huddersfield Leisure Centre for a gentle walk to and around Greenhead Park, and then back to the Leisure Centre. Please wear clothing and footwear suitable for walking. Please book in advance of your first session by emailing us at: contact@s2r.org.uk.

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NAME	DATE AND TIME	DETAILS
The Crafty Coffee Club S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Every Thursday 10:00 - 12:00 £2 per person	A regular, social, creative group. Come along and work on your own creative project which can be anything from knitting to mindful colouring or even painting. This is a group intended for those who enjoy being creative with company and who are happy to self-teach. Booking is essential as places are limited. Please be aware this is not a taught group and costs £2 per person, per session to attend. Please bring your own equipment and materials with you. <i>*Made possible with funding from One Community Foundation.</i>
Active Birkby Club Evening Walk Norman Park, Birkby Huddersfield HD2 2UE	Every Thursday 19:00 - 20:30	Join the Active Birkby Club for a gentle evening stroll exploring the green spaces of Birkby. Stretch your legs after tea and set yourself up for a good night's sleep. These walks are organised by participants and booking is essential. Please wear clothing and footwear suitable for walking. Everyone is welcome!
Friday Wanderers Dewsbury Country Park, Lowfield Road, Dewsbury WF13 3SR	Every Friday 09:30 - 10:30 Facilitated by: Waheeda	Join this friendly, ladies-only group for a scenic walk through Dewsbury Country Park surrounded by trees and fresh air. We can chat, connect and explore nature together. Please wear clothing and footwear suitable for walking.
Dewsbury Library Walking Group Dewsbury Library, Railway Street, Dewsbury WF12 8EQ	Every Friday 11.00 - 12.45	Join this self-led group for gentle walks along the river, canal and Greenway in Dewsbury. You'll get the chance to take in nature, enjoy panoramic views and historic architecture. Please wear clothing and footwear suitable for walking.
Mirfield Friday Friendship Group* Zion Baptist Church Hall, 14 Water Royd Lane Mirfield, WF14 9SB	Every Friday 14:00 - 15:30 Facilitated by: Rowena £2 per person	A weekly social group for people over a certain age (50+) to get together. Regular in-house entertainment plus guest speakers and artistes. Everyone is welcome. No booking required, just come along. Refreshments will be provided. The first week is free, then sessions are £2 per person to attend. <i>*Supported by The National Lottery Community Fund.</i>
26TH MAY - 1ST JUNE		
Moldgreen Matters Bright and Beautiful Bunting* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Thursday 29 th May 14:00 - 15:30 Facilitated by: Sue & Helen from Unite Connect Respect	Come and join us for some creative happiness and to make your contribution to WOVEN 2025! There is lots of fun to be had, making your own bunting triangle which will then be added to a huge community creation, plus a decorated flag or hanging to take home with you too. Children welcome but under 16's must be accompanied by an adult. <i>*In partnership with Unite Respect Connect - Huddersfield.</i>
Water Invertebrate Surveying in the Grimescar Valley Grimescar Valley, Birkby HD2 2XU	Friday 30 th May 13:00 - 15:00	Join S2R, the Friends of Grimescar and Dr Jeremy Hopwood, an Environmental Chemistry Consultant in the beautiful Grimescar Valley. We will be surveying the Grimescar Dike for freshwater invertebrates and learning more about the wide variety of creatures that live in our waterways. This is a family-friendly event but children under 16 must be accompanied by an adult. Please wear clothing and footwear suitable for paddling. Nets and equipment will be provided.

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NAME	DATE AND TIME	DETAILS
Dewsbury Repair Café The 3 Strand Café, Longcauseway Church, Dewsbury WF13 1NH	Saturday 31 st May 10:00 - 12:30	Bring your broken or faulty items along to be fixed, learn how to repair common household items, help to reduce landfill and save money too! If you would like to volunteer as a repairer, email: churchsecretarylcw@outlook.com . No microwaves please. Age 16+. Under 16's must be accompanied by an adult.
2ND - 8TH JUNE		
Threads of Kindness and Connection Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Throughout June	As part of WOVEN 2025, we would like to invite you to come and admire our collaborative community project which brings together bunting made by residents from across the Dalton Ward and beyond, and some surprising, smile-inducing "Yarnstallations" street-side! The big bunting display will be in the Community Garden at Moldgreen United Reformed Church and further excitement leads from Old Wakefield Road around to the Post Office on Broad Lane, where you will spot our pom-pom laden post box topper.
A Washing Line of Hope for WOVEN! Focal Community Centre, New Hey Road, Lindley HD3 4DD	Throughout June	As part of WOVEN 2025, we would like to invite you to come and see our messages of kindness, optimism, encouragement and hope for others to share and enjoy, all in the form of some beautiful bunting created by participants of Fabulous Friday sessions at FOCAL. Joining the washing line, we will also have bunting made by local residents at Lindley Library and Lindley Junior School. If you were one of the creators, why not come along and see if you can spot your work!
Art in the River S2R Create Space, 5 - 7 Brook Street, Huddersfield HD1 1EB	Thursday 5 th & 12 th June 13:00 - 15:00 Facilitated by: Byron & Dawn	Join us for this special project running over two weeks. We will be creating an art installation for Art in the River, with the theme of "Flow". We will be taking a short walk to the river on Tuesday 5 th June to get some creative inspiration and then collaboratively create a textile tapestry using applique and collage techniques on the 12 th June. The finished art piece will then be displayed along the Holme River in Holmfirth. All materials will be provided. Please wear suitable footwear and clothing for walking.
Social Creatives S2R Create Space, 5 - 7 Brook Street, Huddersfield HD1 1EB	Thursday 5 th June 13:00 - 15:00 Facilitated by: Dawn	Are you aged between 17-24? Come and join us in a safe space to socialise, take part in some creative activities and try something new for free. This week, we will be joining in with the Art in the River project (see above).
9TH - 15TH JUNE		
Carers Week Great Get Together Event The Adventure Playground, Crow Nest Park, Dewsbury WF13 2SG	Tuesday 10 th June 11:00 - 15:00	Join S2R and the Working Better Together Partnership to celebrate Carers Week and the Great Get Together 2025 with some fun, free activities. We will be doing some natural dyeing, using natural materials to Tie-dye fabrics in bright patterns. Plus there will also be some spring planting, a variety of wellbeing workshops, Tai Chi, music making, delicious refreshments and much, much more besides. Everyone is welcome!

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Cloverleaf Advocacy Mental Health Peer Support Group S2R Create Space, Huddersfield HD1 1EB	Wednesday 11 th June 10:00 - 12:00	A peer support and self-advocacy group for anyone struggling with their mental health. This group is free to attend and refreshments will be provided. For more information, email group facilitator George Bell at: george.bell@cloverleaf-advocacy.co.uk . Please note that this session will be delivered on the 1st floor, accessible only by stairs.
Social Creatives S2R Create Space, Huddersfield HD1 1EB	Thursday 12 th June 13:00 - 15:00 Facilitated by: Dawn	Are you aged between 17-24? Come and join us in a safe space to socialise, take part in some creative activities and try something new for free. This week, we will be joining in with the second half of the Art in the River project, making a textile tapestry using applique and collage techniques.
Huddersfield Repair Café S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Saturday 14 th June 11:00 - 14:30 Facilitated by: Sue	Bring your broken or faulty items along to see the friendly fixing volunteers from Huddersfield Repair Café who will show you that not everything that's broken needs binning. If you have some fixing experience then please let us know and you could become part of the fixing community too! No microwaves please. Age 16+. Anyone under 16 must be accompanied by an adult.
16TH - 22ND JUNE		
Moldgreen Matters Warm Welcomes* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Monday 16 th June 09:00 - 11:30 Facilitated by: Sue & Helen from Unite Connect Respect	Start your week off in a positive way! Come and have a warm drink and a chat in a friendly space. We can help with advice and signposting if you have any niggling problems you'd like some help with. Plus, there will be a simple, crafty activity to take part in if you'd like to, or you're welcome to bring along anything you're working on at home. Everyone is welcome! No need to book, just drop in any time between 9am and 11.30am. Children welcome but under 16's must be accompanied by an adult. *In partnership with Unite Respect Connect - Huddersfield.
Knit and Natter (or Sit and Chatter) at Morrisons* Morrisons Supermarket Café, Huddersfield HD5 8QW	Tuesday 17 th June 14:00 - 15:30	Come along to this friendly and welcoming group for a free warm drink and a sociable space. We are open to everyone and new faces are very welcome. *Made possible by the Dalton Place Standard Investment Fund.
Summer Skies Creative Evening Workshop S2R Create Space, 5-7 Brook Street, Huddersfield HD1 1EB	Wednesday 18 th June 18:00 - 20:00 Facilitated by: Sue £20 per person	Come along to this creative evening session dedicated to celebrating beautiful summer skies and some of the amazing birds that fill them, like Swifts, Swallows and Martins. Inspired by these magical summer visitors, you will create two personal and unique pieces of artwork to take home, by preparing and painting hardboard backgrounds using a combination of acrylics, sponging and stencils before carefully cutting out and mounting the bird silhouettes of your choosing. Ages 16+ only. This workshop costs £20 per person which includes warm drinks, plenty of biscuits and all materials. Please visit: www.s2r.org.uk/book-online to book your place.
Indoor or Outdoor Rustic Vase Workshop* Waterloo Bowling Club, Wakefield Road HD5 9XP	Thursday 19 th June 13:00 - 14:30 Facilitated by: Sue	Join us for the last of our Waterloo sessions and make a rustic wall-hanging vase which you could use indoors or out. Fill it with wildflowers and grasses or use it to store pens and pencils - it's up to you! Under 16's must be accompanied by an adult. Booking is essential so we can ensure that we have enough materials for everyone. Refreshments will be provided. *Made possible by the Dalton Place Standard Investment Fund.

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Moor Adventures S2R Create Space, 5 - 7 Brook Street, Huddersfield HD1 1EB	Friday 20 th June 12:30 - 15:45 Facilitated by: Dawn & Waheeda	Join Dawn and Waheeda for a free, guided walk exploring the beautiful Marsden Moor Estate. Come along and lose yourself in nature, enjoy some stunning views and be inspired by the great outdoors! This walk will be no more than 3 miles, but will involve steep hills, narrow footpaths and is not aimed at children. Meet us at 12:30 at our Huddersfield town centre building to catch the 13:05 train to Marsden or meet us at 13:15 at the National Trust Moor Estate Office, Station Road, Marsden HD7 6DH. We will be returning on the 15:30 train from Marsden back to Huddersfield. Please wear sturdy boots and clothing suitable for walking.
Ramblers Taster Walks Ramsden Reservoir, Brownhill Lane, Holmfirth HD9 2QW	Saturday 21 st June 13:30 - 16:00	Join the Ramblers for a leisurely 4.5 mile circular walk around Cartworth. Bring a packed lunch with you and please wear clothing and footwear suitable for walking. If you enjoy your first 2 or 3 walks, you may be invited to join the Ramblers and get the full benefits of membership on an annual subscription basis. For more information, visit: https://www.ramblers.org.uk/ or call Christine Senior from the Ramblers on: 07856 844 432.
23RD - 29TH JUNE		
Moldgreen Matters June Planter Tidy* Moldgreen URC, Old Wakefield Road, Huddersfield HD5 8AA	Tuesday 24 th June 10:00 - 12:00 Facilitated by: Sue	Come and help us brighten up Moldgreen by spending some time in good company, doing a spot of weeding, tidying and watering the plants in our lovely community planters. Plus there will be warm drinks and biscuits available in the church afterwards. Please wear clothing and footwear suitable for gardening and bring a pair of gloves with you, if you have them. All tools and refreshments will be provided. *In partnership with Unite Respect Connect - Huddersfield.
Summer Wreath or Flower Crown Evening Workshop S2R Create Space, 5 - 7 Brook Street, Huddersfield HD1 1EB	Wednesday 25 th June 18:00 - 20:00 Facilitated by: Byron £10 per person	Celebrate the Summer Solstice by making a beautiful, seasonal wreath or flower crown using natural foliage, herbs and flowers. All materials will be provided so come along ready to get creative and connect with nature. Suitable for ages 18+ only. This workshop costs £10 per person which includes warm drinks, biscuits and all materials. To book your place, please visit: www.s2r.org.uk/book-online.
Together We Bloom - A Family Friendly Flower Crafting Afternoon* Moldgreen URC, Huddersfield HD5 8AA	Saturday 28 th June 13:00 - 16:00 Facilitated by: Sue & Byron	Come and join us by the Community Garden for this family-friendly session and learn how to create flowers out of willow and make them come to life with threads, beads and fabric strips. Everyone is welcome. Under 16's must be accompanied by an adult. Email us at: contact@s2r.org.uk to book your place. Refreshments will be provided. *In partnership with Unite Respect Connect - Huddersfield.
Ravensknowle Children's Gala Ravensknowle Park, Moldgreen HD5 8DJ	Sunday 29 th June 12:00 - 18:00	A fun day out for all the family and a chance to see the WOVEN 2025 community bunting on display! *In partnership with Unite Respect Connect - Huddersfield.

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ZOOM SESSIONS

To book your place on these sessions, or to receive session recordings to have a go at in your own time, please email us at: contact@s2r.org.uk and we will send you the meeting and video links.

NAME	DATE AND TIME	DETAILS
Underpin: Alter, Re-use, Upcycle*	Every Monday 11:30 - 12:30 Facilitated by: Kim	Join us for these friendly and relaxed Zoom sessions where Kim will show you handy new sewing skills like darning and visible mending and you will learn how to upcycle, repair and transform items you already have in your wardrobe. If you can't attend the live sessions, but would like recordings to have a go at in your own time, please let us know and we will send you the video links. We are also running some of these sessions in-person on Monday afternoons in Dewsbury. Please see page 1 of this schedule for more information. *These sessions have been funded by Creative Minds.

If you are new to S2R, you will need to complete our short application form before joining in with sessions: www.s2r.org.uk/onlineapplicationform

S2R bookings and enquiries: 07933 358 800 (10.30am - 3.30pm, Monday to Friday)

S2R Office: 01484 539 531 (10.30am - 1pm, Tuesday - Thursday)

The Great Outdoors Project: 07541 095 455

Carmen Taylor: 07522 105 861 (Dewsbury & Mirfield Community Anchor)

Email: contact@s2r.org.uk

Website: www.s2r.org.uk



S2R Create Space



@CreateSpaceS2R



S2RCreateSpace



Please note our courses and workshops are Dementia Friendly, for more information please get in touch.



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MOOR ADVENTURES

Come and join S2R for a free, guided walk exploring the beautiful Marsden Moor Estate. Come along and lose yourself in nature, enjoy some stunning views and be inspired by the great outdoors!

FRIDAY 20TH JUNE FROM 12.30 - 15.45PM

This walk will be no more than 3 miles, but will involve steep hills, narrow footpaths and is not aimed at children. Please wear sturdy boots and clothing suitable for walking.

Meet us at 13:15 at the National Trust Moor Estate Office, Station Road, Marsden HD7 6DH or at 12:30 at S2R Create Space, 5 - 7 Brook Street, Huddersfield HD1 1EB. We will be catching the 13:05 train from Huddersfield and returning on the 15:30 train from Marsden.

To book your place, email us at: contact@s2r.org.uk or call us on: 07933 358 800.

