

WORKING TOGETHER BETTER

Get in Touch

To find out more about any service you are interested in, or to make a referral for yourself or someone else, you can call, email or visit our websites.

The Kirklees Mental Health Partnership aims to work together better to:

- Improve community mental health services for people and with people
- Ensure services are accessible to all
- Increase positive outcomes for people in our services
- Enable and create independence and resilience
- Increase prevention and early intervention work

Working Together Better Partnership - taking care of minds in Kirklees.

Open and friendly support for adults to help you find your way to better mental wellbeing by boosting your confidence, building resilience and making connections.

We are a partnership of independent adult mental health services providing:

- Creative activities
- Nature based and wellbeing activities
- Information and support
- Advocacy
- Employment and peer support
- Counselling





CLEAR Service

CLEAR provides dynamic, creative, and inspiring groups and courses aimed at supporting mental health and wellbeing. We prioritise a flexible and adaptive approach, ensuring that individual choice remains paramount in the support we offer. Collaborating with you, we develop a personalised plan to track your journey and assist you in achieving your goals over a two-year period.

Tel: 01484 519097

Email: clear.huddersfield@inspirenorth.co.uk

Website: www.inspirenorth.co.uk/our-services/get-help-and-support-page/clear/



Waythrough - Kirklees Employment Service

We support people in finding meaningful paid employment, volunteering opportunities, education or training, and retaining employment. We're here to encourage and develop the skills needed to manage individuals' mental health as they move towards vocational goals. Our service is available to adults living in Kirklees, and who live with mental ill health, autistic spectrum conditions and/or with other hidden impairments, or early onset dementia.

Tel: 01484 434866

Email: info.kirkleeses@waythrough.org.uk

Website: www.rfkirkleesemployment.org.uk



hoot creative arts - Creativity and Mental Health Service

hoot offers a range of free creative activities to help you to look after your mental health and wellbeing, these include music making, singing, visual arts, digital music making and creative writing. Absolutely no experience is needed and you can join a group at any time. Activities run in Huddersfield, Dewsbury and online.

Tel: 01484 516224

Email: info@hootcreativearts.co.uk

Website: www.hootcreativearts.co.uk



Cloverleaf Advocacy – Carers Count Service

We support carers whose loved ones are experiencing or who are in recovery from mental ill health, including those with dementia or neurodiverse conditions, experiencing problematic substance misuse, including alcohol problems, or where an individual has a dual diagnosis involving co-existing mental health and substance misuse issues. We provide 1:1 emotional support, carers groups, short carer breaks, and information and advice. We also provide advocacy support to help carers speak up for themselves.

Tel: 0300 012 0231

Email: info@carerscount.org.uk

Website: www.carerscount.org.uk



WomenCentre - Women's Mental Health and Wellbeing Service

We provide safe women-only spaces in both North and South Kirklees, offering drop-in sessions, counselling, therapeutic 1:1 support, and self help groups in the following areas: confidence building, mothers apart from children, refugee & migration support, LGBTQ+, relationships, eating distress, post-natal support; quitting smoking; music/movement therapy, walking and nature wisdom. We recognise life experiences and skills as assets and offer opportunities to 'give back' and get more involved.

Tel: 01484 450866

Email: wmh@womenscentre.org.uk

Website: www.womenscentre.org.uk



Support to Recovery (S2R) and The Great Outdoors Project

We provide opportunities for adults to engage in activities connected to the natural environment such as; allotments, conservation tasks, bushcraft and beekeeping, along with seasonal activities. Delivered in small group settings to improve emotional and physical wellbeing, reduce anxiety and promote social connections, our activities take place at our Create Space building in Huddersfield and at various locations across North and South Kirklees. You will also have opportunities to contribute your ideas and skills to help us shape our service for the future.

Tel: 07933 358800

Email: contact@s2r.org.uk

Website: www.s2r.org.uk



Cloverleaf Advocacy

Cloverleaf Advocacy provides independent advocacy services, helping people have their voices heard across Kirklees. Our Independent Mental Capacity Advocacy (IMCA), Care Act Advocacy, Advocacy under Deprivation of Liberty Safeguards (DoLS), Independent Mental Health Advocacy (IMHA) and General Advocacy services ensure people have a real say in the care, support, and treatment they receive. Our Health Complaints Advocacy service supports people to make a complaint about service delivered, or funded by, the NHS. We also support peer/group advocacy through Kirklees Autism Group. Our services are person-centred, free, independent, and confidential and available to people aged 18+ (16+ for IMCA) across Kirklees.

Tel: 01924 454875

Email: referrals@cloverleaf-advocacy.co.uk

Website: www.cloverleaf-advocacy.co.uk